

PROFESSIONAL SOTAI CONTENTS

Body analysis:

Observing muscular, skeletal or postural imbalance.
Assessing the back, the neck, shoulders, knees, etc.
The importance of muscles and joints in balance.
How to check effectiveness of treatments.

Articular rotations:

Deciding the best direction, their effect on the body as a whole.
Correct posture for effortless rotations.
Rotations at floor level (futon) and on a massage table.
Toes, ankles, hips, wrists, shoulders, elbows and finger rotations.
Deciding which and how many rotations to use depending on case/condition.
Assessing effectiveness of rotations during treatment.

Sotai exercises:

How to teach exercises for patients to do at home.
Integrating exercises with other treatments.
Exercises with and without therapist's resistance.
Basic and advanced exercises.

Therapist's resistance:

When, why and how to apply resistance.

Treatments:

Treatment protocol.
Client consultation/health history.
Observation of breathing patterns.
Structured, step-by-step treatments.
Musculoskeletal problems (back pain, whiplash, sprains, tennis elbow, etc), neurological disorders (Parkinson's disease, paresthesia, etc) and other disorders (digestive problems, etc).

ブ
口
指
Case studies: how to write case studies and prepare the professional portfolio. Use of MYMOP.
Students need to complete six case studies.

指
Teaching clinics: students treating real patients under the teacher's supervision.

Via e-learning

庄
学
Anatomy & Physiology*
Delivered by our partners, Essential Training Solutions.
Go to the following link to see contents and sample lessons.
<http://www.essential-training.co.uk/training/apdemo06/apdemosept06.html>

校
*Prior learning in Anatomy and Physiology may exempt students from studying this subject.

TIMETABLE

The classes run on the following Saturdays from 10.00 to 17.00 starting in October 2017.

PROFESSIONAL SOTAI TIMETABLE 2017 – 2018

Please contact us.

NOV	DEC	JAN	JAN	MAR	APR	MAY	JUN	JUL
18	2	6	27	3	14	19	9	7

PRICE

The price for the 2017 course is £480 per term. The price for the whole year is £1440. There is a discount of 10% if paying the whole course before the beginning of the first term (a total of £1296)

To book a place please go to [booking](#).

ブ
口
指
庄
学
校