

## SECOND YEAR CONTENTS

### Working on a futon or mattress:

Kata:

- Revision prone and supine positions.
- Supine position: abdomen, neck, head and face.

Students will master working the whole body.

### New katas:

- Full lateral sequence or kata.
- Lateral kata for pregnancy.

### Body analysis:

- Observing muscular, skeletal or postural imbalance in the body.
- How to feel kyo 虚 (deficiency) and jitsu 実(excess).
- How to adapt our pressure to find balance in the muscular and nervous systems.

### Treatments:

- Treatment protocol.
- Client consultation/health history.

### Case studies:

- How to write case studies and prepare the professional portfolio.
- Use of MYMOP to evaluate the effect of a series of treatments.

### Sotai:

- Advanced exercises.
- Articular rotations: deciding the best direction, hips, shoulders.
- Treating patients with sotai

Supervised practice sessions at the centre and at volunteering events. Students need to do a minimum of 30 hours of supervised practice during the year.

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### **Traditional Chinese Medicine:**

- The classical meridians.
- Application of kyo and jitsu to meridians.
- Symptoms in meridian theory.

### **Via e-learning**

### **Pathology**

Delivered by our partners, Essential Training Solutions.

## **TIMETABLE**

The next 2<sup>nd</sup> year course starts in September 2019. Contact lessons take place one Saturday per month.

### **2<sup>nd</sup> YEAR TIMETABLE 2019/20**

Saturday

SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
28	19	15	14	18	8	21	25	15	13

### **PRICE**

The price stays the same as in the first year, £480 per term.

Early-bird price for first term £390 when paid before 5<sup>th</sup> September 2019.

Please note that the last term consists of four months. The full price for each year is £1440 including course materials. There is a discount of 12.5% if paying the whole course before the beginning of the first term (a total of £1260, cannot be combined with early-bird discount)

The price includes the practical classes, the practice sessions in the supervised student clinics and on volunteering days, and course materials.

Apart from attendance to the classes on your chosen days, you may attend classes outside your timetable at no extra cost. These may be counted towards the required practice hours.

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There are no hidden extra costs. No fourth year, foundation course,  
or compulsory residential courses. All activities after graduation are  
voluntary.

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